

#### Connecting College Essays and Psychosocial Student Development Theory: The Transformational Experiences First-Year Students Have Already Experienced

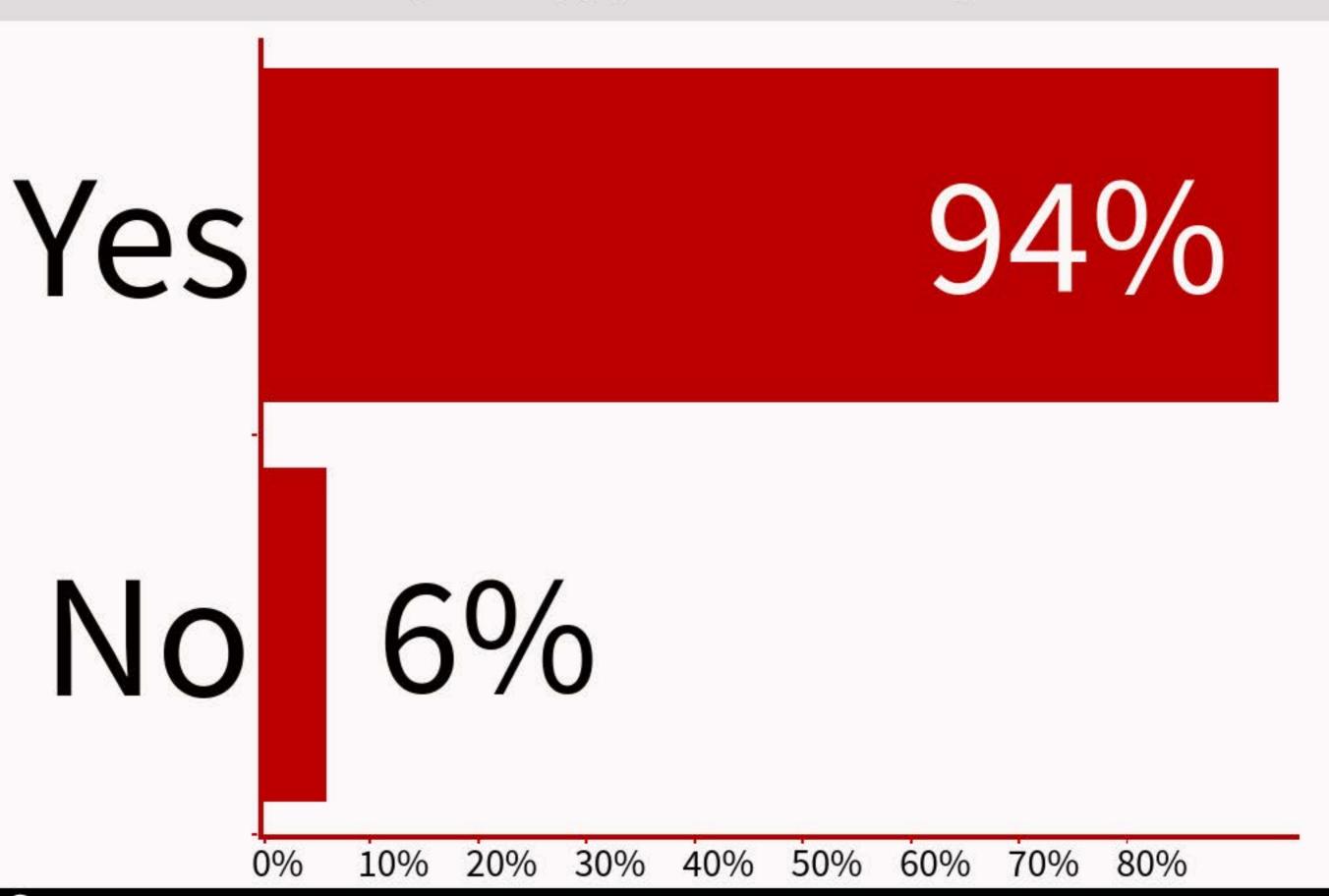
Gustavo Stille, Territory Manager, Undergraduate Admissions
Lisa Gillmore, Assistant Director of Competitive Admissions, Undergraduate Admissions

- 1. Psychosocial Student Development Theory
- Undergraduate Admissions Review Process and The Common Application
- 3. Research Method and Data Analysis
- 4. Essay Snippets: Tying Vectors and Themes
- 5. Takeaways & Discussion

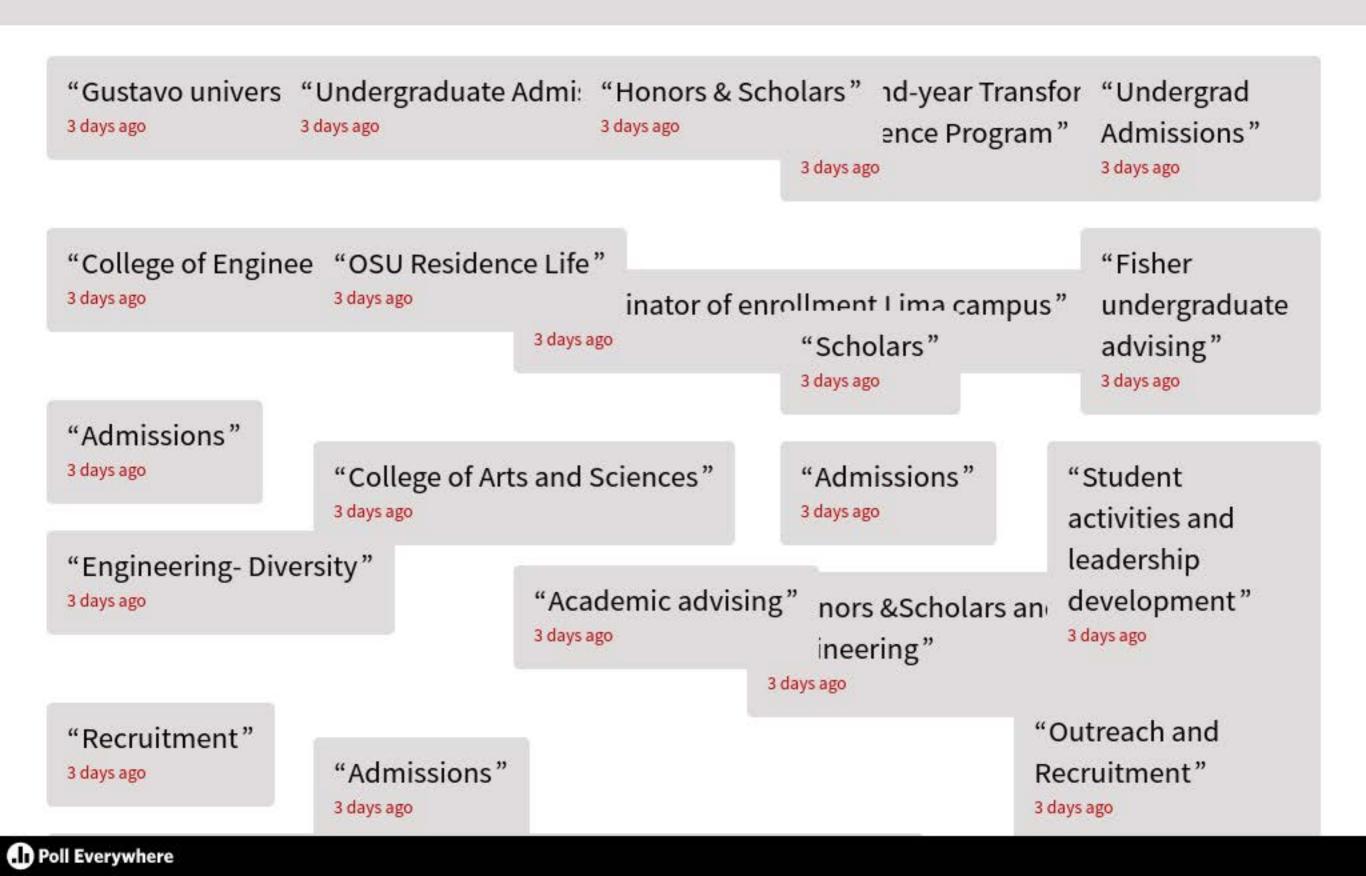
#### **To 22333**

#### **Text GUSTAVOSTILL789**

#### Are you happy to be here today?



## What area of the University do you represent in your service to First Year Students?



## PSYCHOSOCIAL STUDENT DEVELOPMENT THEORY

## PSYCHOSOCIAL STUDENT DEVELOPMENT THEORIES

"A sequence of developmental tasks and stages confronted by adults when their biology and psychology converge, and which qualitatively change their thinking, feeling, behaving, valuing, and relating to others and oneself. Psychosocial development

focuses on the personal and human development of students

in relation to their age, peers and environment."

Source: (http://uncw.edu/studentaffairs/pdc/documents/StudentDevelopmentTheorybyM.Walker.pdf)

## UNDERGRADUATE **ADMISSIONS REVIEW** PROCESS AND THE COMMON APPLICATION

## UNDERGRADUATE ADMISSIONS REQUIREMENTS

- 1) Application for admission
- 2) Application fee
- 3) Official high school transcripts
- 4) Official ACT or SAT scores

Source: http://undergrad.osu.edu/apply/freshmen-columbus/apply-step-by-step

- Undergraduate college admission application that allows applicants to apply to any of the 695 member colleges.
- Advantages for students ...
  - Connect to more institutions across the world
  - Work smarter and enter your information one time to be used at multiple schools
  - Stay on track with the system sending several reminder emails about important dates and deadlines
  - Streamline recommendation letters for students

Source: http://www.commonapp.org/

## APPLICATION REVIEW PROCESS

- We evaluate each applicant in terms of 10 criteria, which are meant to measure the merit of academic achievement as well as personal interests, talents, accomplishments and challenges.
- We review each application thoroughly. To arrive at the most appropriate admission decision, each application is reviewed by at least two members of the admission committee.
- We evaluate each applicant holistically. We don't select applicants based on any single criterion. All criteria are considered as part of our review of the whole person.

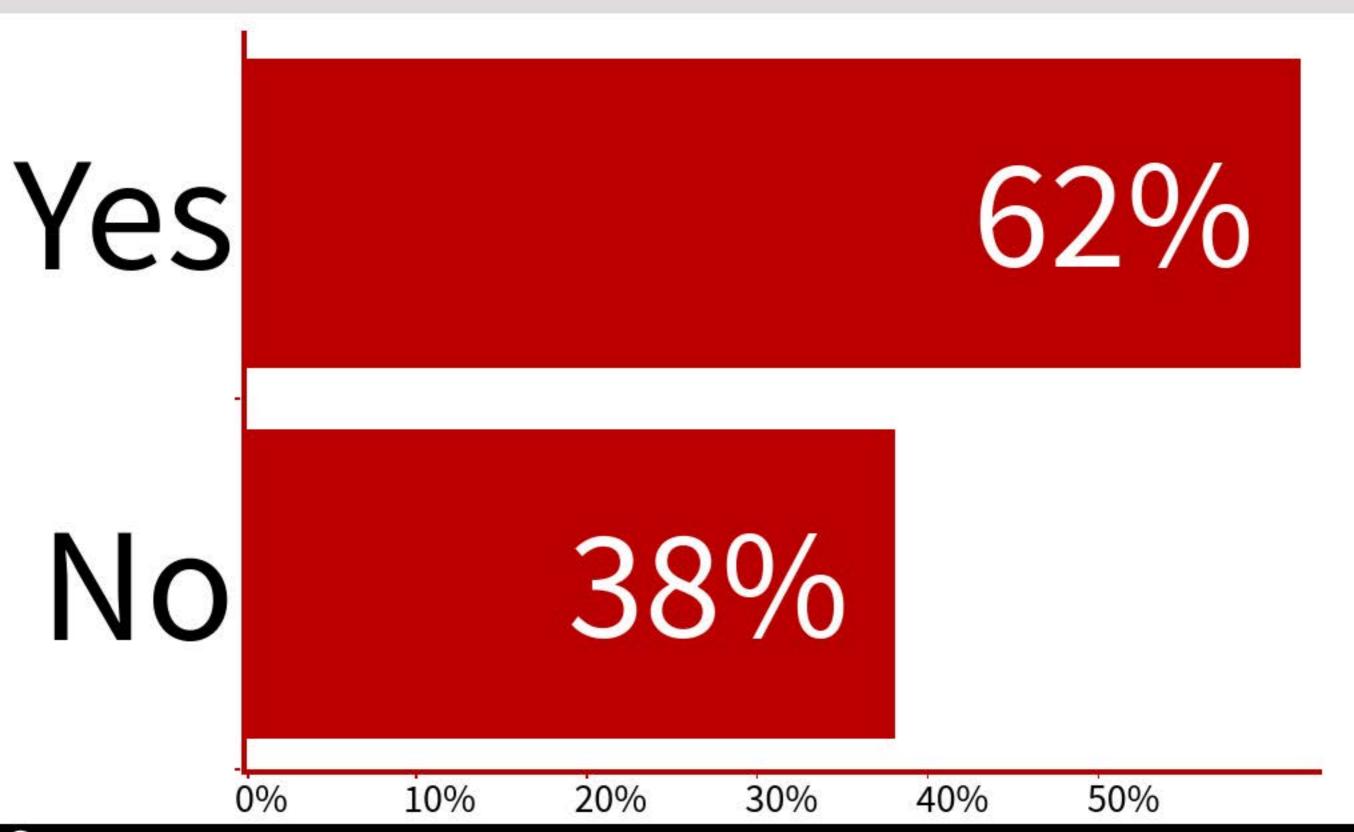
Source: http://undergrad.osu.edu/apply/freshmen-columbus/who-gets-in

#### THE OHIO STATE UNIVERSITY

#### **HOLISTIC REVIEW CRITERIA**

- 1. Successful completion of the minimum college prep requirements
- 2. High school performance (class rank and GPA), including participation in accelerated programs like Honors, AP and IB; Ohio State does not have minimum requirements for class rank or GPA
- 3. Standardized test score (ACT or SAT); Ohio State does not have minimum requirements for ACT or SAT scores
- 4. Ability and desire to contribute to and engage with a diverse campus community
- 5. Experiences that demonstrate leadership or engaged involvement (e.g., co-curricular activities, work experiences or military service)
- 6. Status as a first-generation college student
- 7. Demonstration of outstanding talent in a particular area
- 8. Academic competitiveness of the high school
- 9. High school performance if adversely affected by physical, mental or learning environment factors
- 10. Eligibility for and likelihood of benefiting from organized support services at Ohio State

### Have you ever reviewed the essay portion of the Common Application after submission from a student?



#### **ESSAY INSTRUCTIONS**

The essay demonstrates your ability to write clearly and concisely on a selected topic and helps you distinguish yourself in your own voice. What do you want the readers of your application to know about you apart from courses, grades, and test scores? Choose the option that best helps you answer that question and write an essay of no more than 650 words, using the prompt to inspire and structure your response. Remember: 650 words is your limit, not your goal. Use the full range if you need it, but don't feel obligated to do so. (The application won't accept a response shorter than 250 words.)

Please write an essay (250-650 words) on the topics elected. You can type directly into the box, or you can paste text from another source.

#### **ESSAY PROMPTS**

- 1) Reflect on a time when you **challenged a belief or idea**. What prompted you to act? Would you make the same decision again?
- 2) The lessons we take from failure can be fundamental to later success. Recount an incident or time when you **experienced failure**. How did it affect you, and what did you learn from the experience?
- 3) Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.
- 4) Some students have a **background**, **identity**, **interest**, **or talent** that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
- 5) Discuss an accomplishment or event, formal or informal, that marked your transition from childhood to adulthood within your culture, community, or family, 15

# RESEARCH METHOD AND ANALYSIS

#### 1. Determining sample size:

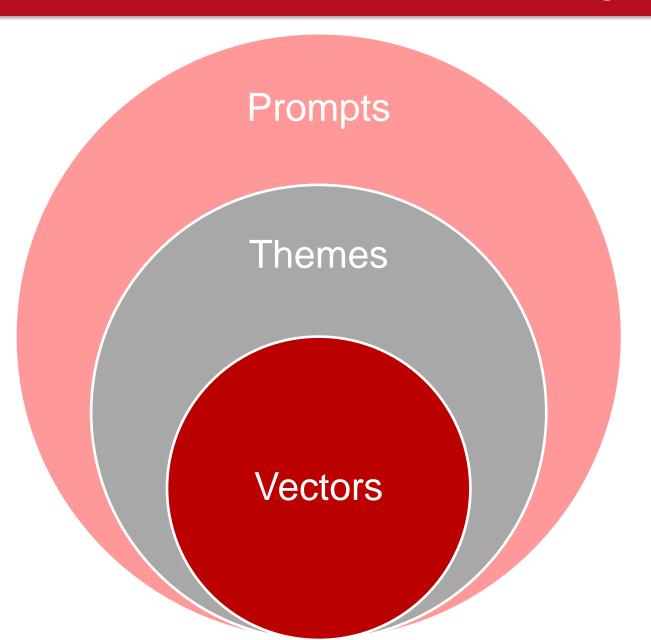
Au 16 Enrollees = 7,885 Confidence level = 95% Confidence interval = 6% Sample size needed = 258

#### 2. Sampling method:

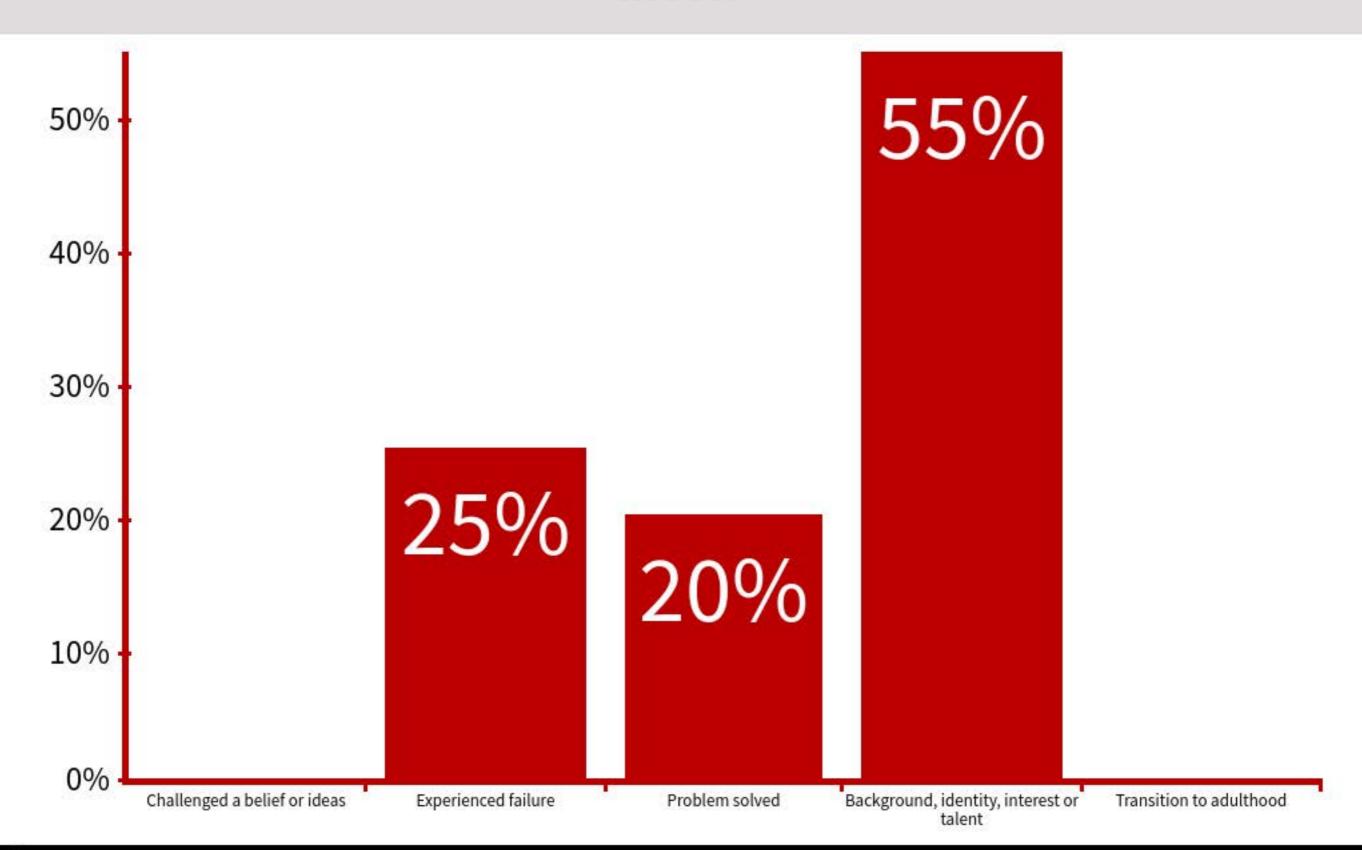
Random sorting of student IDs of Au16 enrollees. Selection of 258 records for review.



## COLLEGE ESSAYS OVERVIEW



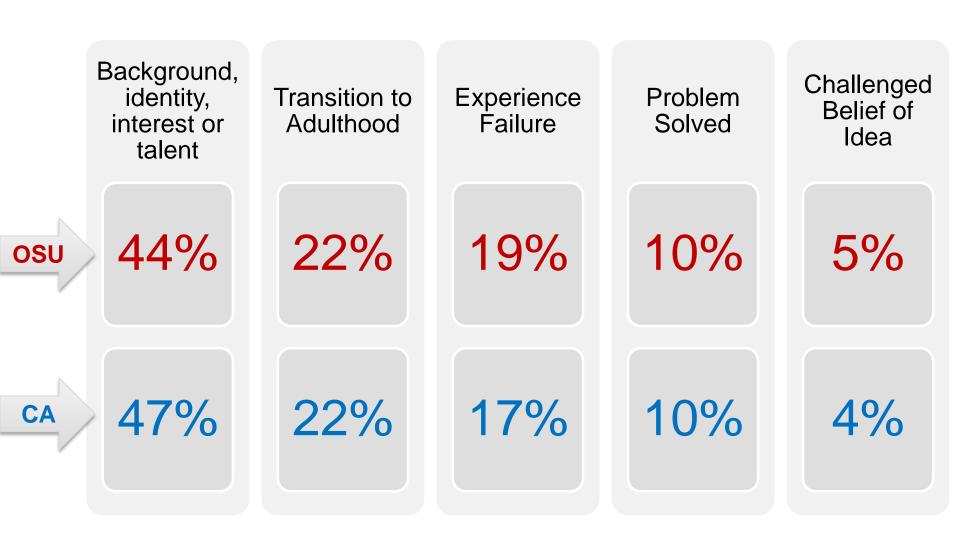
## Which essay prompt do you think OSU students selected the most?



- 1. Background, identity, interest or talent 113 | 44%
- 2. Transition to adulthood 58 | 22%
- 3. Experienced failure 50 | 19%
- 4. Problem solved 24 | 10%

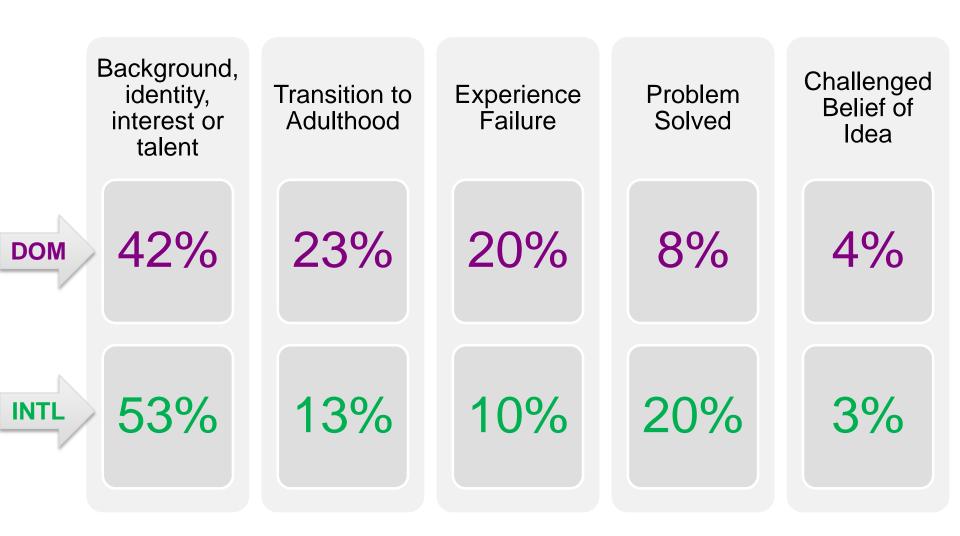
5. Challenged belief of idea – 11 | 5%

#### **ESSAY PROMPTS SELECTED**



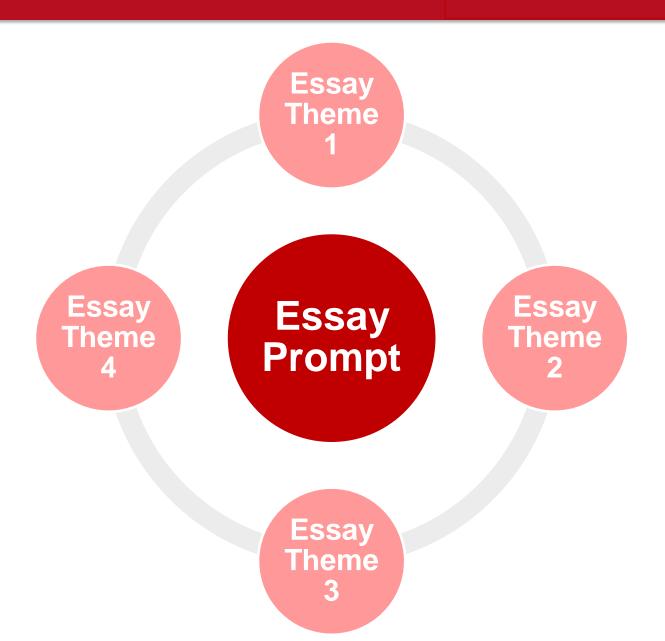
Source: <a href="http://www.commonapp.org">http://www.commonapp.org</a>

#### **ESSAY PROMPTS SELECTED**

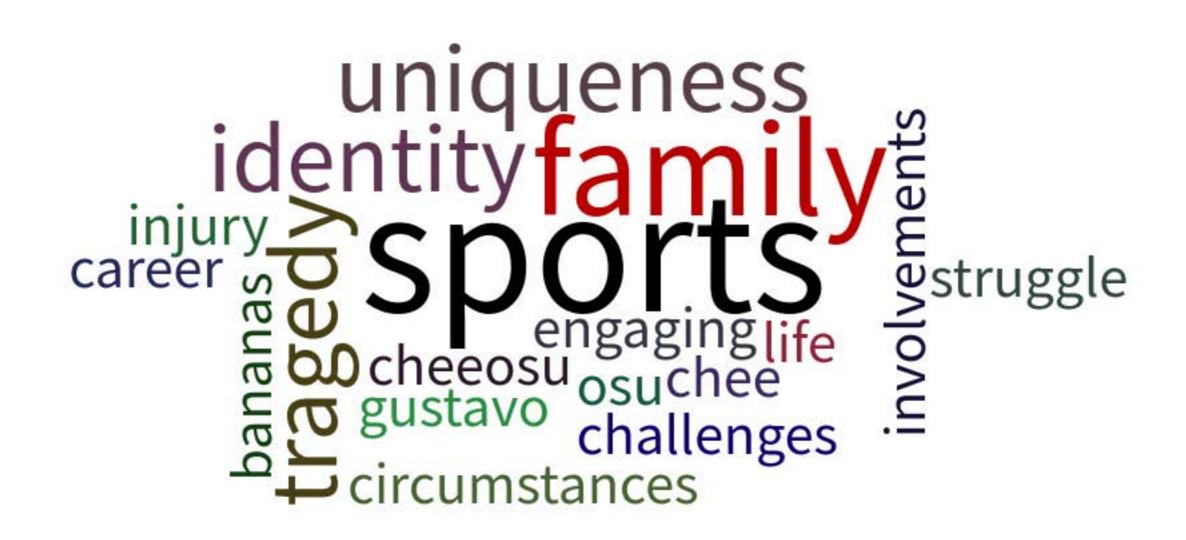


Source: The Ohio State University - OESAR

#### THEMES AROUND PROMPTS



Now that we know what essay prompts students are selecting, what themes do you think students are addressing in their essays? Please use ONE WORD in your response.



**Academics** 

**Experiential Learning** 

Extracurricular

**Athletics** 

**Home Environment** 

Death / Illness (others)

**Transition & Moves** 

**Service to Others** 

Social issues

Personal

#### **ESSAY THEMES SELECTED**

- 1. Experiential Learning 42 | 16%
- 2. Athletics 39 | 15%
- 3. Extracurricular **35** | **14%**
- 4. Home Environment **33** | **13**%
- 5. Academics 27 | 11%

- 6. Personal 22 / 9%
- 7. Death / Illness (others) 21 | 8%
- 8. Service to Others 17 | 7%
- 9. Social issues 10 | 4%
- 10. Transition & Moves 10 | 4%

#### **MAIN PROMPTS & THEMES**



Background, identity, interest or talent

> Extracurricular 29 | 25%

Home **Environment** 18 | 15%

Experiential Learning 15 | 13%

Transition to Adulthood

> Experiential Learning 17 | 29%

Home **Environment** 12 | 20%

Death/Illness 6 | 10%

Experienced Failure

> **Athletics** 22 | 44%

Academics 8 | 16%

Experiential Learning 14%

## FROM THEMES and TO VECTOR





## CHICKERING'S SEVEN VECTORS

Developing Competence

Managing Emotions

From Autonomy to Independence

Developing Mature Interpersonal Relationships

Establishing Identity

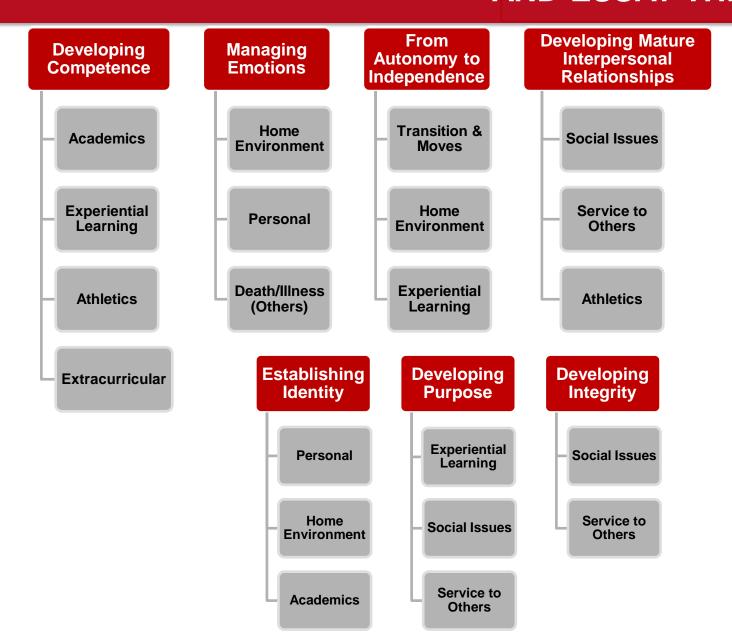
Developing Purpose

Developing Integrity

Source: "Student Development in College: Theory, Research, and Practice" (Evans, Forney, Guido, Patton and Renn)

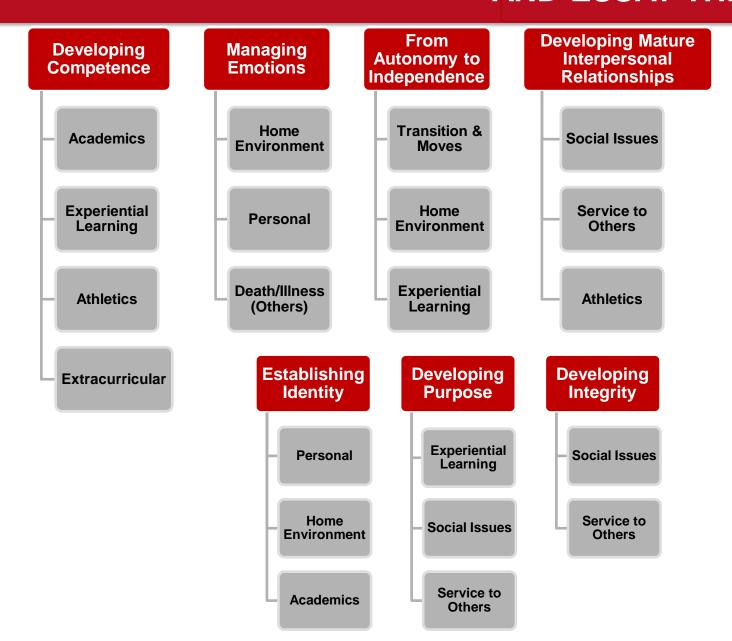


## SEVEN VECTORS AND ESSAY THEMES





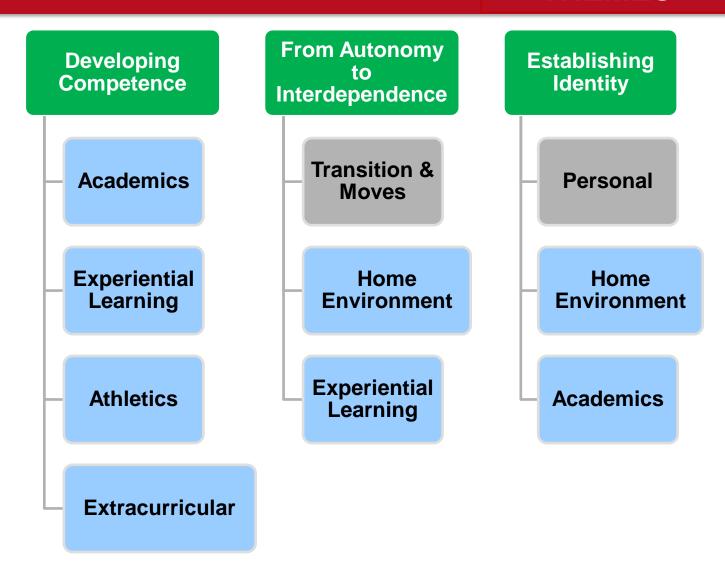
## SEVEN VECTORS AND ESSAY THEMES



## ESSAY SNIPPETS: TYING VECTORS AND THEMES

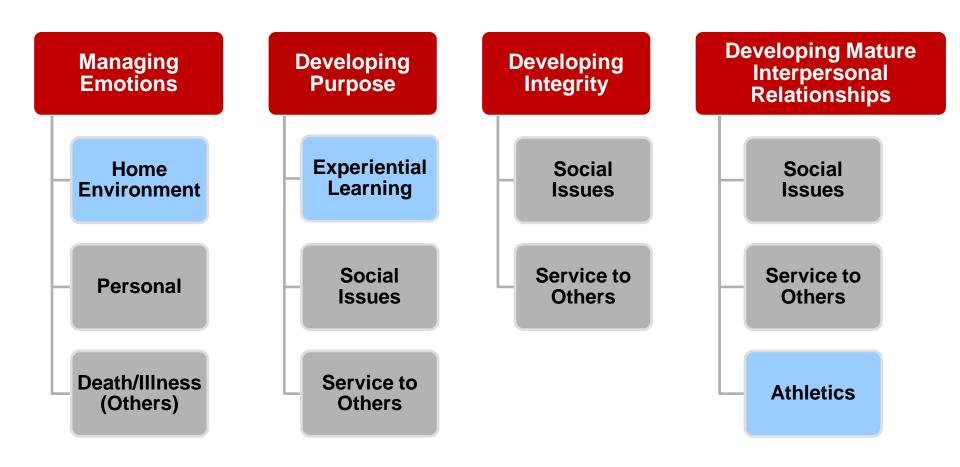


## MAIN VECTORS AND THEMES





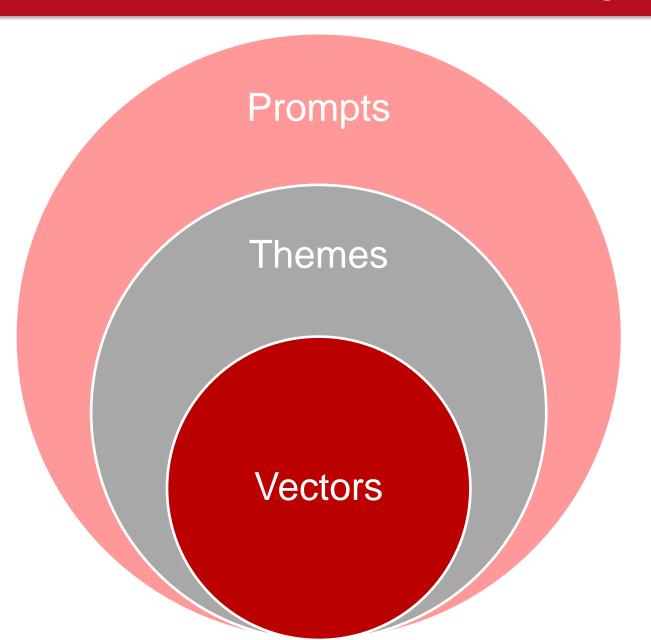
## LESS PREVALENT VECTORS AND THEMES



## TAKEAWAYS

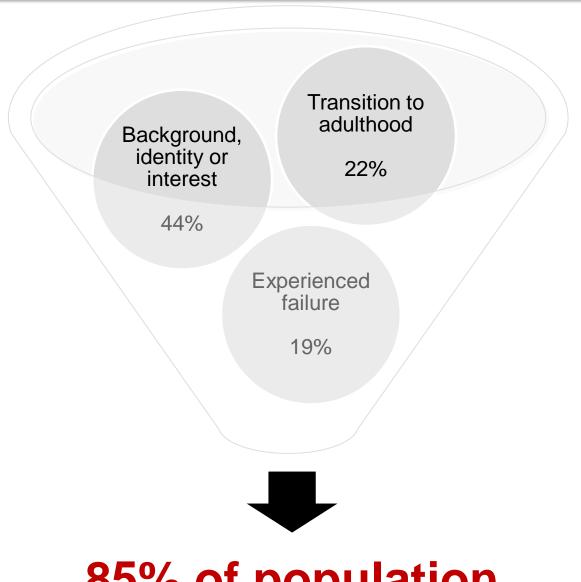


## COLLEGE ESSAYS OVERVIEW



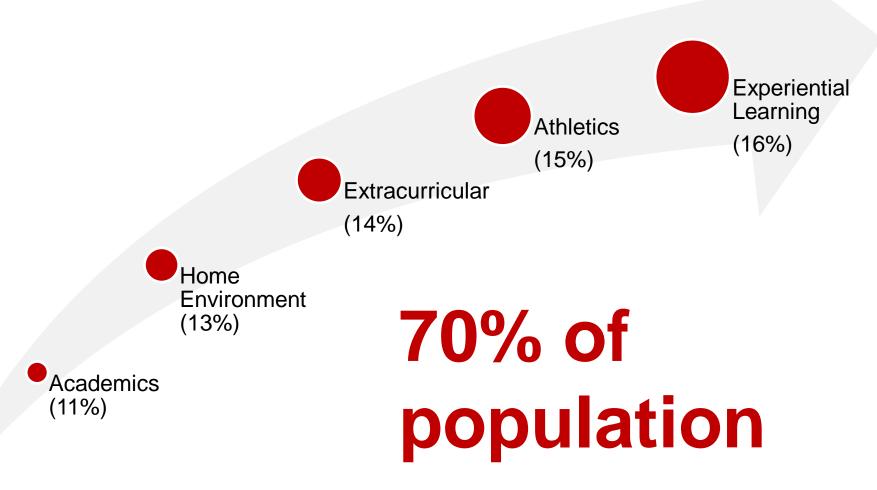


#### **ESSAY PROMPTS SUMMARY**



85% of population

#### **ESSAY THEMES SUMMARY**



#### **VECTORS SUMMARY**

From Autonomy to Independence

## Developing Competence

**Establishing Identity** 

## FINAL THOUGHTS?

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